RUNNING HEAD: Process Improvement Plan

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Process Improvement Plan
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## Introduction

In Week one, I made a dinner at home and monitored how much time it took to finish it. I determined that it would take less time to make a dinner together (43 minutes), rather than one person making it (55 minutes).

Over each night, we teamed up to make dinner decisions. We wanted to make dinner in a less period of time. Dinner times were taken for preparation times, not eating or clean up times. When we ate out, we determined preparation time from the time we ordered food until the time we got food at our table.

|  | Wk 1 | Wk 2 | Wk 3 | Wk 4 | Wk 5 | Wk 6 | Type of dinner |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Mon | 13 | 25 | 20 | 18 | 32 | 25 | Eating out |
| Tues | 16 | 20 | 20 | 22 | 21 | 15 | Very quick meal |
| Weds | 22 | 25 | 28 | 27 | 30 | 25 | Light meal |
| Thurs | 25 | 28 | 26 | 28 | 18 | 22 | Light meal |
| Fri | 45 | 30 | 34 | 37 | 25 | 24 | Regular meal |
| Sat | 15 | 25 | 20 | 22 | 17 | 25 | Eating out |
| Sun | 55 | 40 | 50 | 53 | 43 | 38 | Family gathering dinner |

## Statistical Process Control

Statistical process control is the method of using statistical charts such as the one above to monitor quality and quantity in the product process, or as in our case, the dinner making process. If our dinner preparation times were a business process, we would use statistical process control to determine quality assurance insuring the job is being performed correctly. If a time period took too long, we would use statistic process control procedures to help us analyze and improve the times.

## Control limits explained

A very useful tool is the control chart which lets a manager see when an unusual event happens has the effect of taking the variation out of statistical control. We determine the standard deviation each week to establish the upper and lower limit levels of acceptance.

We found that each week had its own variations, yet breaking down the time each week only gives us the data for that week in particular. If something out of the ordinary happened in a specific week, such as a broken leg or final exam, and factor that week out of the entire average. Another observation in this sampling is Sunday night dinner. Because guests are present, this meal takes longer than usual to prepare and does not reflect the other six days of the week. Unusual situations, such as holidays or seasonal differences need to be taken into consideration using data because it can skew the usual standard deviation and control limits.

The mean time overall to make a meal over six weeks is 27 minutes. The standard deviation minutes over each meal time for 6 weeks is 10 minutes, which means the upper control limit would be 37 minutes, and lower control would be 17 minutes. To be compliant with our wishes to spend less time making dinner every night, we need to monitor time for 27 minutes and not go over 37 minutes in preparation. The lower control limit is put in place for the cooks to understand that if they make a dinner in 17 minutes that is on average, the least amount of time they need to take and still be within an acceptable range.

The upper control limit is designed to help the person making dinner know that if it takes over ten minutes to make a meal than the average, they are over the control limit and are spending more time than usual to make the dinner.

Calculations and data used to determine control limits

Time Dinner Ready
In Minutes

|  | week <br> 1 | week <br> 2 | week <br> 3 | week <br> 4 | week <br> 5 | week 6 |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: |

eating out regularly
school night very quick meal
light meal
light meal
home cooked
eating out regularly
Sunday night family dinner


|  | week $2$ |  |  | Mu | Mean | $\mathrm{Mu}-$ <br> Mean | (MuMean) ${ }^{2}$ |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| M | 25 |  |  | 25 | 27.57 | -2.57 | 6.61 |  |  |
| T | 20 |  |  | 20 | 27.57 | -7.57 | 57.33 |  |  |
| W | 25 |  |  | 25 | 27.57 | -2.57 | 6.61 |  |  |
| T | 28 |  |  | 28 | 27.57 | 0.43 | 0.18 |  |  |
| F | 30 |  |  | 30 | 27.57 | 2.43 | 5.90 |  |  |
| S | 25 |  |  | 25 | 27.57 | -2.57 | 6.61 |  |  |
| S | 40 |  |  | 40 | 27.57 | 12.43 | 154.47 |  |  |
| total | 193 | 27.57 | mean |  |  | 0.00 | 237.71 | total |  |
|  |  |  |  |  |  |  | 33.96 | average |  |
|  |  |  |  |  |  |  | 5.83 | standard deviation | 6 minutes |


| (Mu- <br> Mean) | Wk 2 |
| ---: | :--- |
| 6.61 | Mon |
| 57.33 | Tues |
| 6.61 | Wed |
| 0.18 | Thurs |
| 5.90 | Fri |
| 6.61 | Sat |
| 154.47 | Sun |


|  | $\begin{aligned} & \text { week } \\ & 3 \end{aligned}$ |  |  | Mu | Mean | $\mathrm{Mu}-$ Mean | (MuMean) ${ }^{2}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| M | 20 |  |  | 20 | 28.29 | -8.29 | 68.65 |  |
| T | 20 |  |  | 20 | 28.29 | -8.29 | 68.65 |  |
| W | 28 |  |  | 28 | 28.29 | -0.29 | 0.08 |  |
| T | 26 |  |  | 26 | 28.29 | -2.29 | 5.22 |  |
| F | 34 |  |  | 34 | 28.29 | 5.71 | 32.65 |  |
| S | 20 |  |  | 20 | 28.29 | -8.29 | 68.65 |  |
| S | 50 |  |  | 50 | 28.29 | 21.71 | 471.51 |  |
| total | 198 | 28.29 | mean |  |  | 0.00 | 715.43 | total |
|  |  |  |  |  |  |  | 102.20 | average |


| (Mu- <br> Mean) |  |
| ---: | :--- |
| 68.65 | Wk 3 |
| 68.65 | Tues |
| 0.08 | Wed |
| 5.22 | Thurs |
| 32.65 | Fri |
| 68.65 | Sat |
| 471.51 | Sun |


|  |  |  |  |  |  |  | 10.11 | standard deviation | 10 minutes |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | week <br> 4 |  |  | Mu | Mean | Mu- <br> Mean | (MuMean) ${ }^{2}$ |  |  | (MuMean) ${ }^{2}$ | Wk 4 |
| M | 18 |  |  | 18 | 29.57 | -11.57 | 133.90 |  |  | 133.90 | Mon |
| T | 22 |  |  | 22 | 29.57 | -7.57 | 57.33 |  |  | 57.33 | Tues |
| W | 27 |  |  | 27 | 29.57 | -2.57 | 6.61 |  |  | 6.61 | Wed |
| T | 28 |  |  | 28 | 29.57 | -1.57 | 2.47 |  |  | 2.47 | Thurs |
| F | 37 |  |  | 37 | 29.57 | 7.43 | 55.18 |  |  | 55.18 | Fri |
| S | 22 |  |  | 22 | 29.57 | -7.57 | 57.33 |  |  | 57.33 | Sat |
| S | 53 |  |  | 53 | 29.57 | 23.43 | 548.90 |  |  | 548.90 | Sun |
| total | 207 | 29.57 | mean |  |  | 0.00 | 861.71 | total |  |  |  |
|  |  |  |  |  |  |  | 123.10 | average |  |  |  |
|  |  |  |  |  |  |  | 11.10 | standard deviation | 11 minutes |  |  |
|  | week 5 |  |  | Mu | Mean | MuMean | (MuMean) ${ }^{2}$ |  |  | (MuMean) ${ }^{2}$ | Wk 5 |
| M | 32 |  |  | 32 | 26.57 | 5.43 | 29.47 |  |  | 29.47 | Mon |
| T | 21 |  |  | 21 | 26.57 | -5.57 | 31.04 |  |  | 31.04 | Tues |
| W | 30 |  |  | 30 | 26.57 | 3.43 | 11.76 |  |  | 11.76 | Wed |
| T | 18 |  |  | 18 | 26.57 | -8.57 | 73.47 |  |  | 73.47 | Thurs |
| F | 25 |  |  | 25 | 26.57 | -1.57 | 2.47 |  |  | 2.47 | Fri |
| S | 17 |  |  | 17 | 26.57 | -9.57 | 91.61 |  |  | 91.61 | Sat |
| S | 43 |  |  | 43 | 26.57 | 16.43 | 269.90 |  |  | 269.90 | Sun |
| total | 186 | 26.57 | mean |  |  | $0.00001$ | 509.71 | total |  |  |  |
|  |  |  |  |  |  |  | 72.82 | average |  |  |  |
|  |  |  |  |  |  |  | 8.53 | standard deviation | 9 minutes |  |  |
|  | week $6$ |  |  | Mu | Mean | MuMean | (MuMean) ${ }^{2}$ |  |  | (MuMean) ${ }^{2}$ | Wk 6 |
| M | 25 |  |  | 25 | 24.86 | 0.14 | 0.02 |  |  | 0.02 | Mon |
| T | 15 |  |  | 15 | 24.86 | -9.86 | 97.16 |  |  | 97.16 | Tues |
| W | 25 |  |  | 25 | 24.86 | 0.14 | 0.02 |  |  | 0.02 | Wed |
| T | 22 |  |  | 22 | 24.86 | -2.86 | 8.16 |  |  | 8.16 | Thurs |
| F | 24 |  |  | 24 | 24.86 | -0.86 | 0.73 |  |  | 0.73 | Fri |
| S | 25 |  |  | 25 | 24.86 | 0.14 | 0.02 |  |  | 0.02 | Sat |
| S | 38 |  |  | 38 | 24.86 | 13.14 | 172.73 |  |  | 172.73 | Sun |
| total | 174 | 24.86 | mean |  |  | 0.00002 | 278.86 | total |  |  |  |
|  |  |  |  |  |  |  | 39.84 | average |  | 4200.86 | total |
|  |  |  |  |  |  |  | 6.31 | standard deviation | $6 \text { 1/2 }$ <br> minutes | 100.02 | average |
|  | 1149 |  | total m | nutes cool | oking |  |  |  |  | 10.00 | standard deviation |
|  | 27.36 |  | mean | minutes | ooking |  |  |  |  |  |  |
|  | 27 min | utes | overal | average | time to | make a mea |  |  |  |  |  |
|  | 37 min | utes | Upper | control |  |  |  |  |  |  |  |
|  | 17 min | utes | Lower | ontrol |  |  |  |  |  |  |  |

Because Sunday is a large family dinner unlike the rest of the week, we may want to remove
this statistic from the overall total. If do not include Sunday in the statistics for the week, we
have very different upper and lower control limits.

|  | week 1 | $\left(\right.$ Mu-Mean) ${ }^{2}$ |  |
| :--- | ---: | ---: | :--- |
| M | 13 | 204.08 | Mon |
| T | 16 | 127.37 | Tues |
| W | 22 | 27.94 | Wed |
| T | 25 | 5.22 | Thurs |
| F | 45 | 313.80 | Fri |
| S | 15 | 150.94 | Sat |
| 136 |  |  |  |
| 829.35 |  |  |  |


|  | week 2 | $($ Mu-Mean) |  |
| :--- | ---: | ---: | :--- |
| M | 25 | 6.61 | Mon |
| T | 20 | 57.33 | Tues |
| W | 25 | 6.61 | Wed |
| T | 28 | 0.18 | Thurs |
| F | 30 | 5.90 | Fri |
| S | 25 | 6.61 | Sat |
|  |  |  |  |
| 153 |  |  | 83.24 |


|  | week 3 | $(\text { Mu-Mean })^{2}$ |  |
| :--- | ---: | ---: | :--- |
| M | 20 | 68.65 | Mon |
| T | 20 | 68.65 | Tues |
| W | 28 | 0.08 | Wed |
| T | 26 | 5.22 | Thurs |
| F | 34 | 32.65 | Fri |
| S | 20 | 68.65 | Sat |


|  | week 4 | $($ Mu-Mean) |  |
| :--- | ---: | ---: | :--- |
| M | 18 | 133.90 | Mon |
| T | 22 | 57.33 | Tues |
| W | 27 | 6.61 | Wed |
| T | 28 | 2.47 | Thurs |
| F | 37 | 55.18 | Fri |
| S | 22 | 57.33 | Sat |


|  | week 5 | $\left(\right.$ Mu-Mean) ${ }^{2}$ |  |
| :--- | ---: | ---: | :--- |
| M | 32 | 29.47 | Mon |
| T | 21 | 31.04 | Tues |
| W | 30 | 11.76 | Wed |
| T | 18 | 73.47 | Thurs |
| F | 25 | 2.47 | Fri |
| S | 17 | 91.61 | Sat |
|  |  |  |  |
| 143 |  |  |  |


| 143 |  |  |  |  |  |  |  |
| :--- | ---: | ---: | :--- | :---: | :---: | :---: | :---: |
|  | week 6 | $(\text { Mu-Mean })^{2}$ |  |  |  |  |  |
| M | 25 | 0.02 | Mon |  |  |  |  |
| T | 15 | 97.16 | Tues |  |  |  |  |
| W | 25 | 0.02 | Wed |  |  |  |  |
| T | 22 | 8.16 | Thurs |  |  |  |  |
| F | 24 | 0.73 | Fri |  |  |  |  |
| S | 25 | 0.02 | Sat |  |  |  |  |
|  |  |  |  |  | 136 | 106.12 |  |
|  | 870 | 1815.26 | total |  |  |  |  |
|  | 24.17 | 51.86 | average |  |  |  |  |
|  |  | 7.20 | standard deviation |  |  |  |  |


| $870=$ | total minutes <br> cooking <br> mean minutes |
| ---: | :--- |
| $24=$ | cooking |
| 31 minutes | Upper Control |
| 17 minutes | Lower Control |

The total minutes cooking from Monday through Saturday are 870 minutes. Divided by 36 dinners is 24 minutes. The standard deviation is seven minutes, which means the upper control would be 31 minutes and the lower control is 17 minutes. This data is different than when we factor Sunday night dinners into the entire equation. Sometimes in business, we need to remove an exception from the regular manner in doing business; an "out-of-control event" because it greatly skews the average times along with upper and lower control limits.

Confidence intervals and usefulness based on data points

Confidence intervals are used to estimate population parameters and give the estimated range being calculated of all dinners using the sample data we collected over 6 weeks time period (42 dinners). We want to estimate a find $95 \%$ confidence interval of all dinners we will ever make. We measured the time it took to make dinner and found the sample mean is exactly 27.40 minutes and the standard deviation is 10 minutes.

A $95 \%$ confidence interval covers $95 \%$ of the normal curve, so the probability of observing a value outside of this area is less than 0.05 and the area in each tail is equal to $0.05 / 2=0.025$. A $95 \%$ confidence interval for the standard normal distribution is the interval ( $-1.96,1.96$ ), since $95 \%$ of the area under the curve falls within this interval. We also need to find he standard deviation / square root of the sample mean. (10/sqrt $27=1.92)$

In our data, the sample mean is 27.40 minutes with a standard deviation of 10 minutes which is the standard error of the mean. The critical value for $95 \%$ confidence interval is 1.96. A $95 \%$ confidence interval is $27.40-\left(1.96^{*} 10\right), 27.40+\left(1.96^{*} 10\right)$ or $27.40-19.60,27.40+19.60=7.80$, 47 minutes. The $95 \%$ confidence level shows that any time between 7.8 minutes and 46.4 minutes will fall between $95 \%$ of the normal bell curve. Because the sample size is so small, it is difficult to get a tight confidence interval. If the sample size was higher, the confidence interval would be a tighter time line, closer to the upper and lower control limits calculated earlier.

## Conclusion

In business, controls are usually put in place to set expectations for business process flow. Managers use specific data calculations to come to difference control decisions. Using statistical process control in business helps managers analyze and improve on processes to ensure quality. Control limits then are put in place so a business manager can investigate if a process goes outside the regular limits. Using the mean and standard deviation, one can find the upper and lower control limits; mean + standard deviation for upper control limit, and mean - standard deviation for lower control limits. A manager can use a confidence interval to decide on adequate time parameters, but only if the sample size is large enough to get a control limit one can properly use.

## Reference

Chase, R. B., Jacobs, F. R., \& Aquilano, N. J. (2006) Operations management for competitive advantage (11th ed). New York: McGraw Hill/Irwin.

